



2012



Be Well Homeopathics and Richard Clement Nutrition



305-594-2145
1-877-438-3042
Fax 305-594-2174
bewellhomeo@cs.com

www.web-outpatients.com

Also Distributing:

Greens Boost Greens First, Greens First Berry, Dream Protein

from Ceutaméd

Be Well Homeopathics and Richard Clement Nutrition founded by Richard T. Clement MD in 2000.



Dr. Clement has been practicing Medicine for twenty years.
 He has practiced in Europe, The West Indies, The Pacific and America.
 He has managed the Medical department of a major Homeopathic company, Heel Inc.
 He formulated Homeopathic for Heel and Arkopharma
 During his employment he learned about clinical studies, regulatory and manufacturing issues.
 He is a member of the HPCUS and has consulted for N.I.H. on CAM
 He currently teaches Homeopathy and Pharmacology at the ATOM (Acupuncture) school of Fort Lauderdale
 He formulates Homeopathics and Nutritional Products.
 He has lectured worldwide and written many articles on Homeopathy and Complementary Medicine
 He has written two correspondence courses in Homeopathy and Homotoxicology.
 He is also a reviewer of 510 K for the FDA in the field of Medical Device and is a partner of LD Technology
www.ldteck.com.

“Be Well Homeopathic formulas are scientifically formulated with respect for the homeopathic tradition, they are based on my personal clinical experience and the one of my colleagues,
 Be Well Homeopathics has improved existing formulas which allow the practitioner to obtain excellent clinical outcomes”.

“Be Well Homeopathic formulas cover the majority of indications, two of the formulas Flu Terminator and Phase 6 were studied at Miami Children Hospital and the research published in a peer-review journal”

“It was the first time in the USA that the mechanism of action of homeopathy was demonstrated at the cellular level”

THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE
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 Investigation of Cytokine Expression in Human
 Leukocyte Cultures with Two Immune-Modulatory
 Homeopathic Preparations

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Health Maintenance can no longer be practiced without managing optimum nutrition.

Balance diet is difficult to achieve because of the lack of good quality food at affordable price.

Medicine understand' s the need of supplementation:

Vit C in scurvy, B vitamins in Beri Beri, Iron in iron deficient anemia, Folic Acid in Pregnancy.

Nutrition is a growing field and there was a need to develop a small number of essential nutritional supplements to assist my patients, friends and clients.

The formulas have been designed to deal with the most common nutritional needs:

- **Health and maintenance of joints**
- **Liver Detox**
- **Clean Fruits and Vegetables**
- **Fish Oil**
- **Cancer Prevention**
- **Immune Support**
- **Sleep Disorders**

The products are manufactured in FDA visited facilities and the ingredients are carefully selected for quality, we also consider the economic impacts of Health and our products have a very small profit margin.

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

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HOMEOPATHY



Allergy Drops
Arnica Plus Drops
Arnica Well Gel
Arnica Well Gel
Atopia Drops
Flu Terminator Drops
Flu Terminator Oral Spray
Flu terminator Tablets
Headek Nasal Spray
Hyper Oral Spray
Hypertonia Drops
Libido Feminine Oral Drops
Libido Masculine Oral Drops
Lungs Oral Drops
Menopause Oral Drops
Phase 6 Oral Drops
Reduce Oral Drops
Repress Oral Spray
Sea Sik Oral Spray
Sinus Nasal Spray
Stress Drops

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NUTRITION



**Arthrocllem
Co Q10
Hepatika V5
Hepatika 8 VIP
Mega 100
Minty Greens
Pro-Colos Vanilla
Resveratrol
Trypto Mag B
Vit D 5000 UI**

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FORMULAS: HOMEOPATHY

ALLERGY DROPS

Eye, Nose, Sinus and Lung Allergies

2 OZ /60 ml Drops

Dosage:10 drops sub lingual three times daily

Ingredients

- **Apis mellifica** 2X, 10X, 30X (a dilution of bee)
- **Apisinum** 12X, 15X, 30X (a dilution of bee venom) with strong action on eye allergies
- **Allium cepa** 3X (a dilution of red onion) indicated for runny nose and red eyes with tears and burning of the eyelids
- **Euphrasia** 3X (a dilution of Eyebright) indicated for watery eyes and runny nose
- **Sabadilla** 3X (a dilution of Asagraea officinalis) indicated for hay-fever, runny nose and sneezing
- **Euphorbium** 6X (a dilution of Euphorbia resinifera) for coryza, sinus conditions and spasmodic cough
- **Pulsatilla** 6X (a dilution of wind flower) for itching and burning eyes, coryza, dry cough, lung conditions
- **Histaminum** 6X, 12X (a dilution of Histamine)
- **Lung histamine** 5C (a dilution of Histamine) for allergic predisposition, blocked nose, itching, hay fever and asthma

ARNICA PLUS DROPS

Pain and inflammation

2 OZ /60 ml Drops

Dosage:10 drops sub lingual three times daily

Ingredients

- **Aconitum napellus** 3X Inflammation
- **Arnica montana** 3X Injuries, blow, contusions
- **Chamomilla** 3X Pain
- **Hypericum perforatum** 3X Injuries to nerves
- **Ruta graveolens** 3X Injuries to tendons, sprains, pain, backache
- **Symphytum officinale** 3X Bone pain
- **Belladonna** 4X Inflammation of the vascular system
- **Colocynthis** 4X Neuralgias, strong pain
- **Rhus tox** 6X Neuralgias, arthritis
- **Ferrum phos** 8X Inflammation
- **Magnesium phos** 8X Pain

ARNICAWELL GEL

For the relief of bruises, pain, contusions and inflammation.

50 Gr Tube Aloe Base

Also 300 gr Aloe Base

Dosage:

Apply three times daily on the skin or as needed.

Ingredients:

- **Arnica D3 1.0 gr**
- **Apis Mellifica D3 0.05 gr**
- **Chamomilla 1X 0.20 gr**
- **Calendula MT 0.20**
- **Hamamelis MT 0.30 gr**
- **Symphytum D4 0.1 gr**
- **Bellis Perennis MT 0.1 gr**
- **Hypericum D6 0.09 gr**
- **Millefolium MT 0.9 gr**
- **Belladonna D3 0.05 gr**
- **Magnesia Phos D2 0.1 gr**
- **Ferrum Phos D2 0.1 gr**
- **Ledum Palustre MT 0.5 gr**

ATOPIA DROPS

For the temporary relief of Eczema and Atopia

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

or as suggested by a Health professional

Children under 12 1/2 Dose

Ingredients:

- **Niccolum** (Metallic Nickel) : 3X Itching, burning, stinging, biting of the skin
- **Alumina 6X 14X 22X** Intolerable itching
- **Arsenicum Album: 8X 16X 24X** Skin dry and scaly, urticaria
- **Graphites** (Black Lead) 6X14X22X Itching, eczema
- **Viola Tricolor 1X** Dry skin
- **Histaminum 6X 22X** Allergies
- **Petroleum 3X** Chronic eczema
- **Pix Liquida 6X** Irritating eczema
- **Kali Bromatum 4X** Itching, eczema
- **Radium Bromatum 4X** Eczema
- **Natrium Salicylicum 4X** Eczema

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FLU TERMINATOR® DROPS AND ORAL SPRAY

Flu and viral diseases, increase cytokines(1)

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

1 OZ/ 30 ml Oral Spray

Dosage: Two sprays several times daily under the tongue until symptoms subside

Ingredients

- **Gelsemium 3X** Influenza, fever, chills
- **Zincum gluconicum 3X** Flu, fever
- **Zincum metallicum 3X** Flu, fever
- **Aconitum napellus 4X** Influenza, fever
- **Eupatorium perfoliatum 4X** Influenza, coryza
- **Sulphur 4X** Fever, cold
- **Phosphorus 5X** Fever, cold, chills
- **Asclepias vincetoxicum 6X** Antiviral
- **Influenzinum 12X** Fever, flu, viral infection
- **Anas Barbariae Hepatis and Cordis Extractum 200K**

FLU TERMINATOR® TABLETS

Flu and viral diseases 100 Tablets

Dosage: Take one tablet several times daily at the onset of the Flu sublingually

Ingredients

- **Gelsemium 3X** Influenza, fever, chills
- **Zincum gluconicum 3X** Flu, fever
- **Zincum metallicum 3X** Flu, fever
- **Aconitum napellus 4X** Influenza, fever
- **Eupatorium perfoliatum 4X** Influenza, coryza
- **Sulphur 4X** Fever, cold
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HEADEK NASAL SPRAY

For Headaches and Migraines

1 OZ/30 ml Nasal Spray

Dosage: Spray in each nostrils several time daily according to the symptoms

Ingredients:

- **Belladonna** 3X, 12X.(Deadly Nightshade) Relieves Headache and Migraines
- **Glonoine** 5X,12X. Relieves Headache and Migraines
- **Coffea** 6X. Relieves Headache and Migraines
- **Natrum Carb** 6X. Relieves Headache and Migraines
- **Natrum Mur** 12X Relieves Headache and Migraines

HYPERTONIA DROPS

For the adjunct treatment of high blood pressure

2 OZ /60 ml Drops

Dosage: 10 drops sub lingual three times daily

Ingredients

- **Crataegus oxyacantha 6X** (Hawthorn berries) - This is a heart tonic that is used to reduce your blood pressure
- **Cynara scolymus 8X** (Artichoke) - This helps in stimulating your kidneys
- **Plumbum iodatum 12X** - This helps to reduce your Hypertension and Atherosclerosis.
- **Plumbum metallicum 12X** - This helps to reduce your Hypertension and Atherosclerosis.
- **Rauwolfia serpentina 3X** Congestive vascular condition
- **Sulfur 10X** - Stimulates elimination.
- **Baryta Carb 12X** - Degenerative changes - cardiac, vascular and cerebral.
- **Aurum Iodatum 10X** Atherosclerosis
- **Aurum metallicum 10X** Atherosclerosis
- **Viscum album 6X** High blood pressure Palpitations
- **Melilotus Off 1X** Throbbing blood vessels

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HYPER ORAL SPRAY

For restlessness, impatience, quick-temper, hyperactivity
1 OZ/30 ml Oral Spray

Dosage: One spray sublingual (under the tongue) three time daily or as often as needed

Ingredients

- **Chamomilla** 1X, 30X Restlessness, impatience, quick-tempered, unkind
- **Cina** 3X Children remedy, irritability of temper
- **Coffea cruda** 3X Irritability, impatience
- **Aethusa cynapium** 3X, 11X, 19X, 27X Restless,
- **Agaricus muscarius** 3X, 11X, 19X, 27X Cerebral excitement
- **Kali Phos** 6X Very nervous, irritable
- **Hyosciamus niger** 6X, 14X, 22X, 30X nervous, irritable nervous system
- **Stramonium** 6X, 14X, 22X, 30X Hyperactivity
- **Tarentula hispanica** 8X, 16X, 24X Extreme restlessness.

LIBIDO FEMININE DROPS

For the relief of feminine low sexual drive sexual satisfaction
2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Agnus castus** 6X Dislike of sexual intercourse
- **Causticum** 6X Muscular weakness
- **Ignatia amara** 6X Feminine sexual frigidity from grief
- **Helionas** 6X Melancholia, fatigue, irritability
- **Natrum muriaticum** 6X Irritable, ill effects from grief
- **Sepia** 8X, 16X, 24X vagina painful, especially during sex
- **Staphysagria** 8X Sexual neurasthenia

LIBIDO MASCULINE DROPS

For the relief of male low sexual drive and/or sexual satisfaction.
2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Agnus castus** 6X Diminution of sexual power, impotence
- **Avena sativa** 1X Nervous exhaustion
- **Damiana** 1X Maintain mental and physical capacity, aphrodisiac
- **Lycopodium** 3X, 6X, 200X Weakness, absence of erections
- **Phosphoric Acid** 3X Weakness, exhaustion after coition
- **Picricum Acidum** 6X Great weakness
- **Selenium** 8X Feeble erection, too prompt emission
- **Zincum phosphoratum** 8X Impotence
- **Conium** 6X Erections imperfect and too short

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LUNGS DROPS

Cough, Dyspnea, Asthma

2 OZ /60 ml Drops

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Belladonna** 4X Inflammation, cough.
- **Ipecacuanha** 4X Dyspnea, cough, whooping cough
- **Lobelia inflata** 4X Dyspnea, asthma, senile emphysema
- **Quebracho** 5X Dyspnea, cough
- **Antimonium tartaricum** 6X Cough and dyspnea
- **Blatta orientalis** 6X Asthma associated with bronchitis
- **Naphthalinum** 6X Asthma
- **Natrum sulfuricum** 6X Dyspnea during damp weather, cough with expectoration.
- **Pulsatilla** 6X Dry cough, short breath
- **Rumex Crispus** 6X Cough.
- **Mercurius solubilis** 8X Anti-infectious properties, cough with expectoration
- **Adrenalinum** 5C Asthma

MENOPAUSE DROPS

For the relief of hot flushes, sweating, fatigue, irritability during pre-menopause and menopause

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Calcarea carbonica** 6X Palpitation, night sweats
- **Sanguinaria** 6X Climacteric (menopause) disorders
- **Amyl nitrosum** 8X Climacteric (menopause) headaches and hot flushes
- **Causticum** 8X Fatigue
- **Manganum aceticum** 8X Hot flushes
- **Sepia** 12X Fatigue, hot flushes
- **Theridion** 30X Menopause
- **Oophorinum** 9C Menopause, ovarian dysfunction

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PHASE 6

For the stimulation of the non specific defense system according to Homeopathy and Homotoxicology, increase cytokines(1)

4 OZ /120 ml

Dosage: 10 drops sub lingual three to six times daily

Ingredients:

- **Taraxacum Off** 1X Exhaustion
- **Galium Aparine** 1X 3X Dedifferentiation phase (skin)
- **Thuja** 3X Induration, tumors
- **Aloe** 3X 6X 12X 30X Dysbiosis, digestive symptoms
- **Phytolacca** 3X11X19X27X Swollen lymph nodes
- **Euphorbium Officinarum** 6X Antiviral
- **Zincum Metallicum** 6X Exhaustion
- **Arsenicum Album** 6X14X22X30X Exhaustion
- **Viscum Album** 8X16X24X Immuno-stimulation
- **Conium Maculatum** 30X Tumors
- **Histaminum Hydrochloricum** 200X Immuno modulator
- **Formicum Acidum** 200X Immuno modulator according to Homeopathy

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REDUCE

For weight management according to Homeopathy. Be Well Reduce diminish cravings and stimulates natural elimination

2 OZ /60 ml

Dosage 10 drops sub lingual three times daily before meals

Ingredients:

- **Fucus vesiculosus 1X**
- **Phytolacca 2X**
- **Calcarea Sulf 3X**
- **Solidago 3X** Stimulation of elimination by the kidneys
- **Thuja occidentalis 3X** Hydrogenoid constitution
- **Antimonium crudum 3X, 11X, 19X**
- **Staphysagria 3X, 11X, 19X**
- **Carbo Veg 5X** Imperfect oxygenation of the tissues
- **Calcarea Carb 10X, 30X, 200X**
- **Graphites 10X, 30X, 200X** Overweight
- **Sulphur 10X, 30X, 200X** Excessive appetite, chronic overweight.

NO EPHEDRINE

NO CAFFEINE

NO SIDE-EFFECTS

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SEA-SIK

For the temporary relief of sea and motion sickness, nausea, dizziness.
1 OZ/30 ml Oral Spray

Dosage Spray under the tongue several time daily according to symptoms

Ingredients:

- **Bryonia 8X** Anxiety, giddiness, vertigo
- **Nux vomica 3X, 10X, 30X** Heartburn, nausea, vomiting
- **Tabacum 4X** Headache with nausea and vertigo
- **Conium maculatum 5X** Vertigo, nausea, vomiting
- **Cocculus indicus 6X** Vomiting, vertigo
- **Petroleum 8X** Nausea, heartburn, vertigo from motion
- **Theridion 10X** Seasickness

SINUS NASAL SPRAY

For acute and chronic rhinitis, sinusitis and hay fever, contains no animal products
1 OZ/30 ml Nasal Spray

Dosage: Spray in each nostrils several time daily according to symptoms

Ingredients:

- **Pulsatilla 2X** Coryza, loss of smell, yellow mucus, sinusitis
- **Euphorbium 4X** Nasal itching, rhinitis, sinusitis
- **Allium cepa 6X** Coryza, sneezing, hay fever
- **Histaminum 6X** Allergies
- **Luffa operculata 6X** Coryza, rhinitis, sinusitis
- **Sabadilla 6X** Coryza, hay fever, spasmodic sneezing
- **Hepar sulphuris calcareum 12X** Hay fever, sneezing

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STRESS DROPS

For anxiety, post-traumatic stress and emotional imbalance

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily or as needed

Ingredients:

- **Cimicifuga racemosa** 3X Nervous subjects, agitation, fear
- **Gelsemium** 3X Emotional excitement, stage fright, trembling, cramp and/or weakness of the limbs
- **Hypericum** 3X Anxiety, depression, post traumatic stress
- **Staphysagria** 3X Nervous affection with irritability, very sensitive at the opinion of others
- **Ignatia amara** 4X Nervousness, emotional imbalance
- **Kali bromatum** 6X Depression, fear
- **Kali phosphoricum** 6X Depression, anxiety, nervous and irritable
- **Moschus** 6X Anxiety with fast heartbeats
- **Lachesis mutus** 12X Jealousy, confusion
- **Pulsatilla** 12X High emotions, fear and shyness

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NUTRITION



FORMULAS: NUTRITION

ARTHROCLEM

Supporting Healthy Joints
60 capsules per container.

Dosage: One capsule two to three times daily with meals.

The 8 **ingredients** have synergistic action and are well documented in the literature to support health joints. The amount of Glucosamine and Chondroitin has been carefully selected to reduce the risk of digestive discomfort without jeopardizing the effectiveness. Arthrocllem 8 is extremely well tolerated.

- **Glucosamine 300 mg –**
- **Chondroitine Sulfate 200 mg -**
- **MSM 200 mg -**
- **Chicken Collagen Type II 100 mg –**
- **Flaxseed 100 mg**
- **Bromelain 30 mg**
- **Boswellia 10 mg**
- **Curcumin 10 mg -**

CO Q10 RCN 60 MG

Antioxidant, Cellular ATP production

Dosage: One capsule two to three times daily with meals.

Ingredient:

Coenzyme Q10 (CoQ 10) or ubiquinone is essentially a vitamin or vitamin-like substance.

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HEPATIKA V 5

Helps Maintain a Healthy Liver

90 Capsules

One before each meal with ½ glass of water

Ingredients:

- **Milk Thistle** (Std. Extract 80% silymarin) 150 mg
- **Curcuma longa** (Std. Extract 95% curcuminoids) 125 mg (Anti-inflammatory, hypocholesterolemic, seems to be a strong anti-cancer substance in many digestive cancer (colon, pancreas, liver) and a cancer preventative.
- **Artichoke** (Std. Extract cynarine) 125 mg (Kidney Drainage Antibacterial, Antifungal)
- **Boldo** (Std. Extract boldine) 100 mg (Vermifuge, Anti-oxidant, Anti-inflammatory, Anti-colitis)
- **Alpha lipoic acid** 50 mg (is Anti-poison and Hepato -protective, it decrease levels of toxicants in the brain and increase Glutathion levels)
-

HEPATIKA 8 VIP

(Same as V 5 but with L Taurine, Zinc, N Acetyl Cysteine and more alpha lipoic acid)

Helps Maintain a Healthy Liver

90 Capsules

One before each meal with ½ glass of water

Ingredients:

- **Milk Thistle** (Std. Extract 80% silymarin) 150 mg
- **L,Taurine** 150 mg
- **Curcuma longa** (Std. Extract 95% curcuminoids) 125 mg (Anti-inflammatory, hypocholesterolemic, seems to be a strong anti-cancer substance in many digestive cancer (colon, pancreas, liver) and a cancer preventative.
- **Artichoke** (Std. Extract cynarine) 125 mg (Kidney Drainage Antibacterial, Antifungal)
- **Boldo** (Std. Extract boldine) 100 mg (Vermifuge, Anti-oxidant, Anti-inflammatory, Anti-colitis)
- **Alpha lipoic acid** 100 mg (is Anti-poison and Hepato -protective, it decrease levels of toxicants in the brain and increase Glutathion levels)
- **N Acetyl L Cysteine** 80 mg
- **Zinc** 3 mg

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MEGA 1000 (OMEGA 3)

100 softgels 60mg mercury free fish oils

Dosage: 1 to three softgel daily with water.

Ingredient:

Omega 3 60 mg

MINTY GREENS

304 Gr (10.72 oz) Phytonutrients Blend Minty Flavored Sugar Free.
High in Chlorophyll, contains Lutein and Pomegranate.

35 Calories per serving 38 servings per container

Dosage: 1 to three scoops daily with water or fruits

Ingredients

- **Super Greens: Spirulina, Alfalfa, Barley Grass and Chlorella**
- **Fibers: Apple and Oat Fiber**
- **Essential Fatty Acids: Lecithin (non GMO)**
- **Fruits and Vegetables: Mung Bean Sprouts, Acerola Berry, Red Beet, Grapeseed, Pomegranate seed, Carrot, Tomato, Spinach, Broccoli, Elderberry, Blueberry and much more...**

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PROCOLOS VANILLA

Health benefits of Colostrum includes
 Improved digestive efficiency
 Stronger gut walls
 Increased nutrient uptake
 Support immunity and fight infection
 Improved recovery from auto-immune illness

A delicious blend of **Whey Protein and Colostrum** (Vanilla flavor)

304 Gr 20 Servings of 15 gr Protein (with 20% Colostrum) only 1 Gr of Sugar and 60 Calories per servings

Dosage: 1 to three scoops daily with water or fruits

Ingredients:

New Zealand Whey Protein from Hormone Free Cows (no BGH or BST)
Fresh colostrum Grade A US Dairies

PROCOLOS REDI BERRIES (TO BE INTRODUCED IN 2011)

Health benefits of Colostrum includes
 Improved digestive efficiency
 Stronger gut walls
 Increased nutrient uptake
 Support immunity and fight infection
 Improved recovery from auto-immune illness

A delicious blend of **Whey Protein and Colostrum** (Red fruits natural flavor)

304 Gr 20 Servings of 15 gr Protein (with 20% Colostrum) only 1 Gr of Sugar and 60 Calories per servings

Dosage: 1 to three scoops daily with water or fruits

Ingredients:

New Zealand Whey Protein from Hormone Free Cows (no BGH or BST)
Fresh colostrum Grade A US Dairies, Berries.

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

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F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

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RESVERATROL

Antioxidant, Anticancer

120 mg of Resveratrol St.Ex 50% per capsules 120 capsules

Dosage: Cancer Prevention one a day , adjunct treatment in neoplastic conditions 3 to 6 a day

(based on existing published study with Resveratrol, individual results vary)

Ingredient:

Resveratrol Polygonum Extract 120 mg of Resveratrol St.Ex 50% per capsule

TRYPTO MAG B

60 Vegetarian Capsules

Dosage: One to two capsules at bed time for sleep regulation, one a day for depressed mood with anxiety

Ingredients:

- **L Tryptophan** 500 mg
- **Magnesium** 250 mg
- **Thiamin B1** 50 mg
- **Riboflavin Vit B2** 50mg
- **Vit B6** 50 mg
- **Folic Acid** 400 mcg
- **Vit B 12** 50 mcg
- **Panhotenic Acid** 50 mg

VITAMIN D

Supports bone health, immune wellness, cardiovascular function

120 Gel Caps 5000 IU

Dosage: 1 a day

Ingredient: Vitamine D3 (Cholecalciferol)

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

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Investigation of Cytokine Expression in Human Leukocyte Cultures with Two Immune-Modulatory Homeopathic Preparations

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RICHARD T. CLÉMENT, M.D.,³ and STEVEN J. MELNICK, Ph.D., M.D.²

ABSTRACT

Background: The efficacy of homeopathic medicines for maintaining human health and treating disease has been extensively examined in clinical trials. However, there is a paucity of preclinical evaluations of the effects of homeopathic medicinal preparations on cellular signaling pathways relevant to the applications of these preparations.

Materials and methods: In this study, the immune-modulatory effects of **Phase 6** (for the stimulation of the nonspecific defense system) and **Flu Terminator**® (for influenza and viral diseases) (Be Well Homeopathics Inc. Miami, FL), two homeopathic preparations developed for the purpose, were evaluated in normal human leukocyte cultures *in vitro*.

Results: Both **Phase 6** and **Flu Terminator** stimulated the production of pro- and anti-inflammatory cytokines by human leukocytes, although higher doses often produced a weaker response than lower doses. The carrier solvent (20% ethanol) failed to elicit any cytokine synthesis.

Conclusions: The results of the *in vitro* studies suggested that ultralow concentrations of ingredients in **Phase 6** and **Flu Terminator** were capable of eliciting a human immune response.

Full text: www.fluterminator.com

Be Well Homeopathics and Richard Clement Nutrition

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GREENS FIRST

Ceautamed (Vital Living)

GREENS FIRST

Greens First® contains Certified Organic fruits, vegetables and barley grass which are first juiced, then dried at low temperatures, leaving all the important nutrients and live enzymes intact.

- 100% Natural – Every Ingredient Possible Is Organic
- Sweetened with Stevia – a Calorie Free Herb
- Vegetarian & Vegan
- Easy to Digest
- Non-GMO
- No Nanotechnology
- No MSG or Yeast
- No Corn, Rye or Wheat
- No Dairy, Eggs or Animal By-products
- No Artificial Ingredients, Sweeteners or Preservatives
- Rich in Alkaline Nutrients to Balance Your Body's pH Levels

GREENS FIRST BERRY

Greens First Berry® contains Certified Organic fruits, berries and garden vegetables along with rice bran, flax seed, and a probiotic blend for healthy digestion.

- 100% Natural – Every Ingredient Possible Is Organic
- Sweetened with Lo Han – (An herb which does not raise insulin levels)
- Vegetarian & Vegan
- Easy to Digest
- No Soy
- Non-GMO
- No Nanotechnology
- No MSG or Yeast
- No Corn, Rye or Wheat
- No Dairy, Eggs or Animal By-products
- No Artificial Ingredients, Sweeteners or Preservatives
- Rich in Alkaline Nutrients to Balance Your Body's pH Levels

(previously called Red Alert)

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GREENS FIRST BOOST

Vanilla and Chocolate

Greens First Boost® gives you the nutrients you need in a delicious, convenient shake. Our pure and wholesome blend nourishes, supports & balances your body with a natural source of non-GMO brown rice & vegetable pea protein, super greens, healthy essential fatty acids, antioxidants, prebiotics, vitamins and minerals.

This premium blend of ingredients is designed to take the guesswork out of selecting supplements for optimal health and lasting weight loss.

Eating Right Just Got Easier!

Greens First Boost® is the delicious way to get the nutrients you need and provides all 3 Food Groups (vegetarian/vegan protein, good carbohydrates & healthy oils) that your body needs to help you:

- Promote Overall Wellness
- Lose Weight Naturally
- Boost Energy & Metabolism
- Calm Food Cravings*

No Dairy • No Soy • No Whey
No Aspartame • No Wheat
No Sugar

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DREAM PROTEIN

• Creamy French Vanilla • And Rich Dutch Chocolate

Dream Protein leads the “whey” with its proprietary Hormone-Free, Ultra-LowTemp™ Whey Protein Isolate. We start with hormone free whey from New Zealand cows that are “Meadow Fed” and not given any rBGH or BST hormones!

Dream Protein is made with an Ultra-Low Temp™ process, which is beneficial because the protein is not denatured (damaged) from an extensive heat treatment. This means that you’ll receive all the essential and non-essential amino acids plus naturally occurring immunoglobulins (which are necessary for proper immune function).

Dream Protein also contains a soluble fiber (FOS) that has been shown to encourage growth of favorable bacteria which help to strengthen the immune system, assist in digestion of food, as well as, to help promote regularity.

NO

- Sugar
- Fructose
- Aspartame
- Sucrose
- MSG
- Artificial Sweeteners
- Glutamates
- Hydrolyzed Whey Protein

LOW

- Carbohydrate
- Fat
- Cholesterol
- Sodium
- Lactose
- Glycemic Index

The unique ingredients in Dream Protein may help to:

- Boost Immune System
- Enhance Energy Levels
- Maintain Lean Body Mass
- Maintain Healthy Weight Management

Ingredients: Protein Blend (Ultra-Low Temp™ Whey Protein Isolate, Protein Concentrate), Fructooligosaccharides - FOS (a soluble fiber which assists in promoting healthy digestion), Xanthan Gum, Natural Vanilla (or Natural Cocoa for Rich Dutch Chocolate), Stevia.

Mixing Instructions: As a dietary supplement, take one or more scoops daily to supply your diet with protein. Mix one level scoop with 6-8 ounces of water, milk or your favorite beverage.

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Testimonials

Dr Connie Lavoie - 2010-11-17

Dr Clement, I suffer from panic attacks and I do take medication nightly to help, but I still would have them, since I have been taking Trypto Mag B 4s each night, I no longer am having panic attacks. It is wonderful.

Pat

Chiropractic Family Care
Dr Connie Lavoie
1900 Mormon Mill Rd, Ste F2
Marble Falls, TX 78654
830-613-2305
830-798-9955

Alain Le Guillou MD - 2009-11-12

very good experience with Flu Terminator!

Yvonne P. - 2009-11-09

Arthroclém has been wonderfully effective for alleviating the arthritic pain in my hands. I've taken it now for about 6 months. I've actually been out of Arthroclém for several weeks and have remained pain free. I play the violin and the absence of pain is liberating. My husband is so impressed he wants to start taking it for his bad knees. Thanks for a product that genuinely works!

Margaret - 2009-11-06

Hello Dr. Clement I work in a Natural Health Store in Ontario Canada and have carried the Flu Terminator for about five years. I have used the Flu Terminator personally every year since and have had amazing results. At the first sign of any suspected virus, a tickle in the throat, a chill or runny nose, I take 10 drops and it is usually enough to stop the virus in its tracks. Only once in five years have I lost any time from work due to sickness and that is because I didn't take it soon enough. Every year I hear more stories from my customers about the effectiveness of The Terminator and we thank you for the genius behind this wonderful product!!

Andrew Mattson DC - 2008-11-06

My clients and myself have been beyond please with the products offered. From Omega 3 fish oils, greens, reds, and proteins my clients and I have seen great whole health improvement.

Peggie Heringart - 2006-10-05

As the flu season approaches I am reminded of how effective your Flu Terminator product has been for me. On 3 or 4 occasions, when I felt a cold coming on, a bit of a scratchy throat or achiness, I started with the Flu Terminator drops. They worked immediately.

Peggie Heringart - 2006-10-03

Date: Wed, 27 Sep 2006 18:28:09 EDT Subject: re flu terminator To: richardclementmd@yahoo.com Dear Richard, As the flu season approaches I am reminded of how effective your Flu Terminator product has been for me. On 3 or 4 occasions, when I felt a cold coming on, a bit of a scratchy throat or achiness, I started with the Flu Terminator drops. They worked immediately. I used to reach for The Wellness Formula by Source Naturals. That works well if you begin them immediately, but the capsules are very large and not easy to swallow. Then I tried your product. It was amazing. Within a short time my symptoms disappeared. On one occasion, when my husband was sick with a cold/flu, I continued with the drops daily for 2 weeks as a precaution. When I then stopped, I noticed a bit of a cough or what would have been the end symptoms of the flu. (My experience with flu is the initial horrible achiness, sore throat, headache, tiredness which then may or may not become the runny nose and stuffiness, then a bit of clearing but a week long cough before it is all over.) It was as though my body went through the 2 weeks without symptoms, I was feeling fine, but when I stopped the drops, what would have been the next 3rd week stage showed up. I don't know if that makes sense, but it was a memory to me that I found most curious.

Martha Hart LMT Nevis West Indies - 2004-07-19

I can not speak for anyone else as yet but I for one absolutley love the stuff , feel more complete, stronger, more energy that sort of thing.

Tom Sandiford - 2004-03-21

I never believed Homeopathy could work until I used Be Well Stress.
It makes me feel relax within one hour and I do not feel tired or groggy.

Liz Acupuncture Student - 2003-08-20

I Lost 7 pounds with Be Well Reduce.

Mercedes Pare Homeopath Montreal - 2003-05-23

I had some weight gain during my menopause and with REDUCE I was back to my normal shape in a couple of weeks.

Dr.Espinosa Cartagena Colombia - 2003-05-15

Lately I followed the weight in 3 patients taking REDUCE with no other treatment and they lost 10 pounds in 10 days... and they are feeling very well.

Bruce Wilkins LMT Naples Florida - 2003-03-27

I have been using your product Greens First and really feel the benefits and would like to pass that on to my clients. I am impressed with the results and how i feel. Thank You!!

Dr. Ruggiano DC Miami - 2003-02-12

"I have used Arthroclém on several patients and a Family member, the results are impressive"

Dr. Czerwinski Lac Miami - 2003-02-12

"I had phenomenal results with a patient suffering from Fibromyalgia using Arthroclém"

Dr.Galle Washington DC - 2003-02-10

"I have excellent results with Be Well Menopause"

Dr.R. Brancaccio Dermatologist NYC - 2003-01-31

One of my friend was sea-sick during a sailing trip in Antigua. Sea-sik stopped the symptoms immediatly.

Dr.Santucci Lac Del Ray Florida - 2003-01-10

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1 - 8 7 7 - 4 3 8 - 3 0 4 2

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Arthroclerm: My grandfther has suffered with arthritis and severe knee pain for several years, and has gotten some temporary relief using other formulas. After less that 2 weeks on Arthroclerm, he called to tell that nothing he has taken before has ever worked as well or as quickly. After 2 months, he is completely pain free

Dr. Michael J. Falla - 2002-12-17

I've used GREENS FIRST for a few months now and noted an increase in endurance with my training. (I'm a late starter tri-athlete) I love mixing Greens First with OJ in the morning. It's a good kick start for the day.....Dr. Michael J. Failla Milford, PA

J. Palumberi Delray FLorida - 2002-12-11

"The Greens First gives me good energy and with Reduce I do not crave sugars"

Babette Teno LA California - 2002-12-09

"Used Sea-sik oral spray during a cruise for me and my family, none of us had any seasickness"

Simone Speyer P.T., A.P., D.N.B., Dr.Ac - 2002-11-25

"Here are the testimonies of some of my clients using your Reduce formula. " 1 . "I lost 9 pounds in 2 weeks that's with a little cheating" 2. " I find I am not as hungry so I am eating less, I'm less bloated, I feel great " 3. " My Dr. said it was safe for me because there was no ingredients that increased my heart rate " I can't keep up with the demand, I order the product word has spread and I have to reorder the product, it truely is wonderful. Take care Dr. Simone Speyer, P.T.,A.P.,D.N.B.H.E.,Dr.Ac

Kathy Acquistapace DC California - 2002-11-25

"Dr.Clement. I have used a lot of homeopathic products over the years, and I must say that your are exceptional. They reaily works!!! Congratulations and keep up with the good work!! I will continue to order all the homeopathic products from you and your company. Thank you, Kathy Acquistapace DC"

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

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F a x 3 0 5 - 5 9 4 - 2 1 7 4

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<http://www.youtube.com/watch?v=6xtxvIEaomg&feature=youtu.be>

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